



Congratulations on your pregnancy! Woman's Choice Charitable Association by way of Woman's Choice Perinatal Services has created a community doula program, to help contribute to more positive pregnancy and birth outcomes in the City of Waterbury. This program offers free/low cost doula (pregnancy and birth support) service to eligible mothers. Low cost services are provided on a sliding scale basis. No person shall pay less than \$250 and no more than \$500 for service. Payment plans are available. Eligible mothers include (but are not limited to):

- Black women (***automatic eligibility for free service***)
- SNAP, HUSKY or WIC recipients
- Teen mothers
- Single mothers
- Mothers who are having a high risk pregnancy

Sliding scale services apply to individuals who are eligible for state programs listed above. The fee applied will be based on 1% of yearly income. For individuals whose household income is \$25,000.00 per year for example, would pay \$250.00 for service. Individuals who make less than \$25,000.00 per year, and still struggle to afford \$250.00 on a payment plan can apply for crisis assistance. Crisis assistance may be available on a case-by-case basis.

To learn more about the program and your eligibility; and/or book your free consultation, please use the contact form at **Womanschoiceperinatal.com/non-profit**

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